



# *Open House*

All newcomers are welcome to learn about the Shambhala center

**Wednesday January 16th at 7-9pm**

A brief orientation of the center will be given. This will be followed by a talk on a dharma topic given by a meditation instructor. The evening will end with a social gathering with snacks.

*Pat Hoffman will give an orientation of the center*

*Annelise Smith will give a talk titled  
"Confidence and Doubt"*

